

# Simply Flax Crackers

## Nutrition Facts Valeur nutritive

Per 30.00 (30 g) / 30.00 grammes (30 g)

Amount Teneur	% Daily Value % valeur quotidienne
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**Calories / Calories** 60

**Fat / Lipides** 4.5 g **7 %**

Saturated / saturés 0.4 g **2 %**  
+ Trans / trans 0 g

**Cholesterol / Cholestérol** 0 mg

**Sodium / Sodium** 25 mg **1 %**

**Carbohydrate / Glucides** 3 g **1 %**

Fibre / Fibres 3 g **12 %**

Sugars / Sucres 0 g

**Protein / Protéines** 2 g

Vitamin A / Vitamine A **2 %**

Vitamin C / Vitamine C **10 %**

Calcium / Calcium **2 %**

Iron / Fer **4 %**

**INGREDIENTS:** FLAXSEED, RED PEPPERS, ZUCCHINI, CAULIFLOWER, BASIL, SEA SALT. \*ALL ORGANIC INGREDIENTS

**INGRÉDIENTS:** LA GRAINE DE LIN, POIVRONS ROUGES, COURGETTES, CHOUFLEUR, BASILIC, SEL DE MER

A6 5279 STILL CREEK AVE, BURNABY, BC, V5C 5V1